GULF DEFENDER



Vol. 65, No. 11

Tyndall Air Force Base, Fla. Home of Air Dominance Training

March 17, 2006

In brief

PSD briefings

The final briefing for the new Personnel System Delivery is 9 a.m. today at the NCO Academy auditorium. All active-duty members must attend the briefing if they have not yet attended a previous briefing. For more information, contact your unit's commander support staff.

Road construction

Speed bumps will be installed in front of the Fitness Center Monday and is projected to be completed Wednesday. During the time of construction, only one lane will be open for through traffic.

Health screenings

In support of National Nutrition Month, the Commissary will conduct cholesterol tests, measure body-mass index, check blood pressure and assess fiber needs for individuals 1–5 p.m. Saturday.

What's inside



Honoring the three-year anniversary of Operation Iraqi Freedom

... PAGES 10-11



Lisa Norman

'Terrorflying' ride

Emergency crews arrive on scene after an F-15C Eagle makes a safe emergency landing on Tyndall's runway after its canopy unexpectedly blew off in flight March 10. Officials said the canopy could be in a remote area near the north coastline of St. Vincent Sound. The pilot returned with no injuries. A safety board investigation into the accident is under way.

MXG adapts 'AFSO21 thinking' early

2ND LT. WILL POWELL

325th Fighter Wing Public Affairs

Air Force Smart Operations 21 has been making a lot of news lately across the Air Force, but the 325th Maintenance Group has been using the tool to identify and eliminate waste for more than a year.

According to the latest Letter to Airmen by Secretary of the Air Force Michael W. Wynne, AFSO21 is a leadership program for commanders and supervisors at all levels to systematically evaluate how and why Airmen do the tasks they do and how they can do them more efficiently. The goal is to eliminate unnecessary tasks to not only reduce the time it takes to complete tasks, but also to reduce costs and improve warfighting capabilities.

The maintenance group recently finished revamping and streamlining its fourth planned event – reducing the time it takes to complete and approve enlisted and officer performance reports – since

undergoing the "new way of thinking."

Before AFSO21, the average time it took to completely finish and approve an EPR or OPR within the group was 82 days, due to the number of times the forms had to be corrected and approved at multiple levels. By reducing unnecessary steps, they have since cut that time down to 42 days on average, said Capt. Glenn Wright, 325th MXG AFSO21 program manager.

The same action used to streamline EPRs and OPRs can also be applied to practically any process Airmen do in the Air Force, he said.

"The foundation for AFSO21 is based on Lean tools," said Captain Wright. "Lean is a civilian-efficiency program used primarily in manufacturing to help see and eliminate waste in any given process, and it works. The maintenance group has embraced AFSO21 and it is already reaping the benefits."

The group eliminated 174 steps and saved more than 70 man hours combined from the four maintenance events the group refined. One of the events, revamping the F-15 Eagle phase dock inspections, increased pass rates by 22 percent and on-time completions by 30 percent, which translates to more aircraft being available for training – faster. And that's important, said Captain Wright.

"I am thrilled by the possibilities that AFSO21 has at Tyndall and throughout the entire Air Force," said Lt. Col. Craig Hall, 325th MXG deputy group commander. "We have just begun our journey in the maintenance group, and the investment we have made has already paid huge dividends. Once the rest of the wing sees what we have done, it's just a matter of time until everyone fully embraces AFSO21."

For more information on AFSO21, contact Captain Wright at 283-4847.

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Senior Airman Stacey Haga

Spring cleaning

Remains of the fifth and last demolished building on Suwannee Road are loaded into a dumpster. The deteriorated u-shaped structures built in the 1950s were recently funded for demolition. Once the rubble is removed, the area will be seeded and minimally landscaped.

Identify this...



Can you identify this object? If so, send an e-mail to editor@tyndall.af.mil with "Identify This" in the subject line. Three correct entries will be chosen at random and drawn from a hat to select the final winner. The prize can be claimed at the Public Affairs office.

The winner for the March 10 "Identify This" is Master Sgt. Jim Krebs, F-22A Intelligence Formal Training Unit NCO in charge. He correctly guessed it was the subdued AETC patch. Come claim your prize!

ON THE **STREET**

43rd Fighter Squadron focus:

What do you like most about spring?



"I like the change in the weather; it means summer is coming."

CAPT. MEREDITH CAMILLETTI Squadron Adjutant



"I like spring because it means the NFL draft is on the way."

SENIOR AIRMAN GEORGE MOSES Life support technician



"I enjoy watching the NCAA basketball tournament."

SENIOR AIRMAN RYAN BAUMAN Information manager



"One word ... bikinis ... on my wife, of course."

CAPT. SHAWN ANGER
Unit deployment manager

Gulf Defender Editorial Staff

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public raffairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000 $\,$

Achieving, maintaining discipline is necessary for mission

SENIOR MASTER SGT. JAMES TIPTON

Discipline is a state of training that must be achieved and maintained during peacetime so that our forces will be prepared for wartime contingencies.

It is too late to prepare for war once it has started, which is sometimes a difficult concept to accept.

It is necessary for Airmen to maintain a high state of readiness and it is necessary to be disciplined for war because they are ultimately responsible for achieving success in peacetime readiness, as well as in actual warfare.

History shows us that we cannot leave this state of readiness to pure chance, we must prepare for any emergency. Discipline is vital for all Airmen.

Gen. George Patton, a strong disciplinarian who was equally as adamant about preparedness, told his commanders if they did not enforce and maintain perfect discipline, they were potential murderers. He went on the say "that is a blunt way of putting it, but war is blunt, and war is what we must all prepare for."

One of the greatest military leaders of all time,

Gen. Robert E. Lee, was equally firm when it came to discipline. He wanted his soldiers to understand that, in addition to efficiency, discipline guaranteed a soldier's safety – if his forces did not prepare themselves for war when they had a chance, they would pay dearly.

As an Air Force supervisor, I've learned that there are four types of discipline.

The first is self-discipline, a willing and instinctive sense of responsibility that lets us to do whatever needs to be done. Getting to work on time, knowing all aspects of the job, setting priorities and denying some personal preferences for more important values or duties are all measures of this type of discipline.

Second is task discipline, how well we meet the challenge of the job. It requires a strong sense of responsibility in performing our jobs to the best of our abilities, volunteering for the tough jobs and working overtime if necessary for the Air Force mission.

Airmen should also have a sense of teamwork. This is the third type called group discipline. We must "pull our own weight," and at times we may have to deny some personal preferences for the

good of our duty section, unit or group.

Lastly, there is imposed discipline, enforced obedience to legal orders and regulations. This is absolutely essential in combat or in emergencies when there is no time to explain or discuss an order.

Most Air Force training teaches us to carry out orders quickly and efficiently. During peacetime, a continuation of imposed discipline provides the structure and good order necessary throughout the organization to accomplish the mission of task, regardless of the situation.

It is incumbent on each supervisor to ensure that not only do Airmen do their jobs right, but that they ensure proper documentation of counseling, admonishing and reprimand. A supervisor's instinctive and learned abilities are the key to successful use of this information.

The ideal situation for the NCO is to create an environment where the necessity for imposed discipline is minimized or eliminated. But this is not always the case. Supervisors also have to understand how to impose discipline, and together with their Airmen, maintain discipline and be in a constant state of readiness.

Action Line:

Q: From my understanding, the hot water has been turned off in Bldg. 126 to conserve energy. If we can't have hot water, can we at least have lukewarm water? It would be nice to wash our hands in hot water because we work with a lot of grease and chemicals.

A: Thank you for your question regarding the need to turn off the hot water in many of the buildings on base.

Over the last several years, Presidential Executive Orders have been issued requiring

bases to cut energy consumption 35 percent by 2010.

Numerous factors, including the effect of last year's busy hurricane season, have resulted in a doubling of natural gas prices over the last 12 months

To both meet the requirements of the Presidential Executive Orders, and reduce our energy bill to an affordable level, we were forced to make some difficult decisions. One of those decisions was to turn off the gas-fired boilers used to supply hot water to many of the buildings on base.

Unfortunately, this causes some inconvenience to building occupants, but we have been able to make exceptions when there is a mission- or healthrelated requirement to keep the hot water on.

However, to minimize the inconvenience to our valued Tyndall Airmrn, we are currently negotiating an energy-savings contract with a company to provide "insta-heaters" in locations such as yours. This tank-less system will allow you to have hot water on demand, eliminating the energy-intensive requirement to keep a boiler fired 24/7. We expect these devices to be in place during the next 12 months.

In the meantime, if you have a mission- or health-related issue for hot water in your facility, please call the energy manager at 283-4715. He can arrange to have your boiler put back on line

Action Line Call 283-2255



BRIG. GEN. JACK EGGINTON 325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response

or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

 Commissary
 283-4825

 Pass and I.D.
 283-4191

 Medical and Dental
 283-7515

MEO	000 0700
MEO	283-2739
MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

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Create balance between Air Force career, family life

Maj. Lisa McColgan

5th Services Squadron commander

MINOT AIR FORCE BASE, N.D. (AFPN) – As a working parent, I am sometimes asked how I "fit it all in."

I don't think about it often, but when I do, I realize that creating balance in my life is the most important decision I make every day.

We weigh the advantages and disadvantages, make a decision and then stick to it. Then, our attitude determines the success of those decisions.

Being a commander, wife, mother and friend means there are never enough hours in the day. It's not easy balancing work, home, church and social demands, but with a positive attitude and teamwork we can "fit it all in."

Prioritize everyday – you'll never be able to do everything. You get to choose what things must be done each day. I can't reschedule my son's hockey or basketball games, but I can review staff packages later in the evening or the next day. Each of us has to decide how to use our time as wisely as possible and make the most of it.

Simple things such as a goodnight story or listening to how a spouse's day went are often the most important activity of all. Often, I get distracted by the e-mail awaiting my attention but I try to remind my-self to strike a balance and head home to my family.

Positive attitude always – some days are easier than others. Even on the tough days, a positive attitude and a smile will help get you through them.

In Services, we train on customer service techniques — a smile and a friendly greeting are one of the basics. Try to remember that when you're attempting to scramble from one meeting to the next while your inbox is piling up and you know you have to get to your physical health assessment on time.

Communicate so everyone understands, and everyone will understand if you just explain why and what you're doing. Even children have a better attitude if you tell them why you have to stay at the office and say you'll do something special with them at a later time. My work team is very understanding when I explain that I have to run out for a parent teacher conference, but I'll get their package to them by the end of the day.

Communication allows everyone to be on the same page and to voice their opinion. It allows us to explain our position on a given situation and gives an ultimate game plan to those you may be affecting. Remember that you always have someone to rely on – your own and your Air Force family. Either one of your families will pitch in and help if you simply ask. We've all been trained to be solid Wingmen; that's important both on and off duty. When you notice someone struggling at work, ask if you can help out with a project or watch their children for an hour so they can fit in a workout for stress relief.

At home, remind your family that if everyone pitches in with the chores you can all play a game together later that night. No one knows better than you what you need help with. Don't be too proud to ask.

You may not always feel in control but consciously thinking about how to manage the details will help you manage the balance between work and home. Make sure you challenge yourself to not get too overwhelmed by work and miss out on family life or feel too tired to enjoy a social life.

Work smart and play smart. You can make sure you "fit them all in" by working your priorities.

And remember to schedule in at least one full week of leave during the calendar year. We all need a break to refresh ourselves. That'll keep you one step ahead of the game, most of the time.

DFAS, myPay officials assure personal-data security

(Editor's note: Some Web sites have been identified as look-alike pay sites like www.mypay.com because they have the word "mypay" in their address. The only official and safe Web site is https://mypay.dfas.mil)

ARLINGTON, Va. (AFPN) —

With "phishing" scams occurring more frequently, Defense Finance and Accounting Service officials said they want to assure customers that every precaution is taken to secure data.

Customers should be aware that the agency and its Web-based system, myPay, will not ask for personal or financial information by e-mail, DFAS officials said.

Individual DFAS customers can enter the myPay Web site with a personal identification number to access the secure financial page to make changes to personal information, officials said.

Phishing attacks trick people into passing personal information by luring them to false corporate Web sites or by requesting it in a return e-mail.

"Phishers" send e-mails or pop-up messages claiming to be from a business or organization individuals would routinely deal with like an Internet service provider, bank, online payment service or even a government agency, said Federal Trade Commission officials. The message usually tells people that they need to "update" or "validate" account information and might threaten dire consequence if they don't respond.

People are directed to a Web site that mimics a legitimate organization's site.

The purpose of the bogus site is to trick them into divulging personal information so the scam operators can steal identities and make purchases or commit crimes in the victim's name, officials said.

DFAS officials offer the following tips to help avoid getting scamed by phishing:

- Use anti-virus software and keep it up to date. Some phishing e-mails contain software that can harm computers or track activities on the Internet without the user's knowledge.
- Do not e-mail personal or financial information. E-mail is not a secure method of transmitting personal information. If people initiate a transaction and want to provide their personal or financial information through a Web site, look for indicators that the site is

secure, such as an image of a lock or lock icon on the browser's status bar or a Web site address that begins with an "https." Unfortunately, no indicator is foolproof; some phishers have forged security icons as well.

The myPay site combines strong encryption software and secure technology with the user's Social Security number, PIN and secure Web address or DOD-specific telephone number. These all act as safeguards against unauthorized access, officials said. This combination prevents information from being retrieved by outside sources while information is being transmitted. The secure technology provided to myPay customers meets or exceeds security standards in private industry.

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Senior NCO PME course goes online

The Air Force is now offering another way for senior NCOs to complete their professional military education in addition to their CD-ROM based courses.

The Web-based Senior NCOs PME Course 14 was launched March 1 to provide more options for students to complete their PME distance learning course.

Course 14 does not replace Course 12; their policies, administrative procedures and course requirements are identical. Course 14 will simply allow the students to take the course online, rather than via CD-ROM.

Some frequently asked questions concerning Course 14 follows and any further questions can be addressed by the Tyndall Education Center or a unit training manager.

What is the difference between Course 12 and Course 14?

Course 14 is identical to Course 12 apart from the method of delivery. Course 14 is web based and requires Internet access, whereas the current Course 12 operates via CD-ROM. The web-based course allows students to engage this learning environment from any computer with browser and Internet capabilities. Students should choose a course based on current and future Internet availability and possible deployments.

I am currently enrolled in Course 12. May I switch to Course 14?

No. Students are not permitted to switch between courses. Once enrolled, students must either complete the course or disenroll. If a student disenrolls, voluntarily or involuntarily, they will still be restricted from reenrollment for the specified period outlined in the course policy (voluntary disenrollment is a six-month restriction 12-month restriction

Where can I find the new SNCO P

The current Cou Course 14 until the the Air Force Instit Learning Catalog A

General informa course12.maxwell.a

Policy information www.maxwell.af.m der "PME" and "Se

How do I access

After enrollment,



Tyndall's AFAF campaign is from Feb. 27 - April 9. For more information, contact Senior Master Sgt. Trina Douglas at 283-8288.

n, involuntary disenfollment is a	
additional information about ME Course 14? arse 12 policy also applies to	
Course 14 policy is updated in tute for Advanced Distributed pril 1.	
ation can be found online at af.mil/index.htm. ation can be found at	
uil/au/afiadl/ in "Catalogs" un- enior NCO course." s Course 14?	
• SEE COURSE PAGE 14	

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Squadron earns 'best in AETC' fourth time in a row

The 325th Services Squadron was recently selected as the 2006 best small SVS in AETC for the fourth year in a row.

"The 325th SVS strives to always provide the best customer service and programs," said Lt. Col. Marc Piccolo, 325th SVS commander. "We are honored to have the opportunity to work with such a dynamic community."

The squadron looks forward to being evaluated with other nominees for the coveted Air Force-level Maj. Gen. Eugene L. Eubank Services Award.

The theme for this year's Eubank visit was "Treasure Island" because they said the squadron provides a treasure trove of programs.

Congratulations and good luck!

Ed center pays out \$1 million in TA

2ND LT. AMANDA FERRELL

325th Fighter Wing Public Affairs

The one-millionth dollar of tuition assistance distributed by Tyndall's Education Center was invested in a technical sergeant who turned advice from her supervisors into a realistic goal.

"I've been blessed to have had the best supervisors during my military career," said Tech. Sgt. Stephanie Brooks, Southeast Air Defense Squadron identification technician. "It wasn't until I joined the Air Force and my supervisors talked seriously to me about the importance of education and going college that I took interest in continuing my education."

Active-duty and civilian person-

nel are eligible for tuition assistance. To receive Air Force tuition assistance, active-duty personnel must be enrolled in a formal degree program. Civilian personnel can receive assistance for courses that increase job proficiency, however, they are not required to enroll in a formal degree program.

"Students can apply for \$4,500 worth of tuition assistance per fiscal year," said Oliver Canaday, education center acting education services officer. "There's a limit of \$250 per semester hour which can be put toward courses in a degree program that compliments the member's Air Force career."

Tuition assistance funds can also be put toward laboratory fees, automation and library fees or "any fees required for the student to take a course, except the cost of books and school supplies," said Mr. Canaday.

If the cost of tuition exceeds the yearly or "per course" Air Force tuition assistance limit, students are obligated to pay the difference.

The "Top-up Program" allows Montgomery GI Bill eligible members to use GI Bill education benefits to pay for any tuition not covered by tuition assistance, he said.

Students here can pursue degree programs offered by the Gulf Coast Community College, local satellite colleges or through accredited institutions offering classes online.

• SEE TA PAGE 14

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Golden Bolt Award





2nd Lt. Amanda Ferre

Master Sgt. Patrick Kinney, 2nd Aircraft Maintenance Unit B-flight section chief, inspects the maintenance checklist of an F-15C awaiting repairs. Sergeant Kinney is the Golden Bolt winner for February. He found the Golden Bolt under an aircraft chalk in the 2nd AMU hangar.

UNDER

Outbound Sabre Gate traffic has been rerouted through one of the inbound lanes to allow the contractor to move a water line. This will take approximately one week to complete.

After that work is finished, outbound traffic will again exit through the outbound lanes as it has since the beginning of the project.

The gate will be closed to all traffic for final paving for approximately three days beginning March 29.

During the total gate closure, all inbound traffic for the housing area will continue to use the School Road Gate, while all outbound traffic will be routed out the main gate at Illinois Ave.

After this work is completed, the new Sabre Gate will be open to inbound and outbound traffic.





2nd Lt. Amanda Ferrell

°

Ms. Cassidy receives the Checkertail Salute Warrior of the Week award from Col. Brian Dickerson, 325th Fighter Wing vice commander.

The Checkertail Clan salutes Ms. Cassidy, 325th Medical Group. She single-handedly managed the Pediatric Clinic administrative section by maintaining 100 percent clinic productivity and patient access during a three-month manning shortage.

Duty title: Medical support assistant **Time on station:** Five years

Time in service: Eleven years Hometown: Madrid, Spain Hobbies: Traveling, shopping,

swimming

Favorite book: All romance novels

Favorite movie: "Titanic"
Favorite thing about Tyndall:

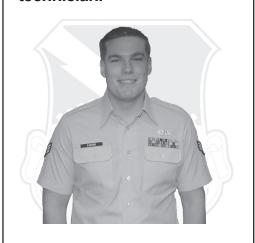
The beaches

Goals: To continue to serve the Tyndall community and be a role model for my daughter Alexandria Proudest moment in the military:

Receiving this award

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

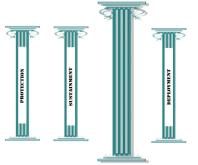
The Gulf Defender is published for people like Senior Airman Stephen Easter, 2nd Aircraft Maintenance Unit, avionics technician.





Student Focus

FORCE TRAINING First public FTAC graduation at Tyndall



Training Spotlight

How is the air traffic control career field changing to meet current Air Force mission demands?

The commitment for enlisted controllers has been extended from four to six years because the training is a year long, and rated controllers are valuable assets to the Air Force."



AIRMAN 1ST CLASS
TRAVIS MCDONALD
325th Operations Support Squadron air traffic control apprentice

CHRISSY CUTTITA

325th Fighter Wing Public Affairs

For the first time, family and coworkers were invited to attend a First Term Airmen Course graduation here March 10.

"We decided to invite family and squadrons from now on to reinforce the fact that these Airmen are a part of a military family," said Tech. Sgt. Robert Edwards, FTAC NCO in charge. "We also celebrate the arrival to their first assignment."

Chief Master Sgt. Craig Deatherage, 325th Fighter Wing command chief, told the students they were now ready to meet the expectations of the squadrons that are excited to get them back to the unit.

An entire flight and supervisors from the 325th Medical Group came to cheer on three of their troops.

"We're a big family," said Lt. Col. Mark Muth, 325th Aeromedical-Dental Squadron commander. "We are supporting our new Airmen and incorporating them into our flights."

Graduates were taking their first step toward leadership, said Tech. Sgt. Kimberly Muhleke, 325th ADS.

"FTAC helped me get oriented to the Air Force tremendously by giving me the mental and physical tools to succeed," said Airman 1st Class Marion Austin, 325th Communications Squadron cable and antennae systems apprentice, who enjoyed having his wife,

Valerie, and threemonth-old daughter, Jenna-Lynn, at his graduation.

Finance briefings and operational risk management training are what most students said they would take back to their units and use more than anything else they learned.

"We're crew chiefs and we've got to look out for ourselves," said Air-

man 1st Class Tommie Jarmon, 1st Aircraft Maintenance Unit, refering to the ORM skills briefed at FTAC that he will use on the flight line.

"We can assess situations and risks involved with the ORM knowledge we learned," said Airman Austin.

Every student from FTAC said they hope to earn chief master sergeant stripes one day, except one who is hoping for a commission.

"Information about education was most useful for me," said Airman Andrew Ferrell, 2nd AMU crew chief, who wants to accomplish his bachelor's degree while at Tyndall.

The students learned what military life and the base here offers through a variety of briefings.

"I'm much more oriented and fa-



Chrissy Cuttita

Students do their class cheer one last time before heading off to their units during the first-ever Tyndall FTAC graduation ceremony March 10.

miliar with the base, and I met more people than I would in my shop," said Airman 1st Class Alexis Brown, 325th CS airfield systems specialist. "We also met each other, our co-workers and made a lot of new friends."

"I'll miss the joking around, the camaraderie and all the stuff we did together," said Airman Jarmon.

The graduation ceremony symbolizes Airmen who are mission ready with warrior spirit, said Sergeant Edwards.

Military personnel and guest speakers who interacted with students during FTAC helped them feel pride and motivation in the decision they made to join the Air Force.

"They made me feel like I could be a chief one day," said Airman Austin.

GIGT WHIT LILL STREE OUT HE

Run Airman run

Senior Airman Jonathon Brannon, Airman Leadership School student, heads for home plate during the ALS vs. Chiefs softball game March 14. The chiefs beat the students by one point, 11-10.

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Sports



Chrissy Cuttita

Power up

Levi Lariviere, Liam Falk, Rhett Brandon, and Brandon Hernandez warm up their throwing arms during baseball practice. Youth baseball season games start the first week of April. For more information about youth sports, call the Youth Center at 283-4366.

Eagle pilot aims high in Air Force skeet

CHRISSY CUTTITA

325th Fighter Wing Public Affairs

Next door to security forces' military weapons training range, you'll find another type of marksmanship at Tyndall's skeet and trap range every Saturday.

"I shoot skeet because I love shooting and enjoy the competition," said Brian Johnson, an Air Force International Skeet Team member and 95th Fighter Squadron F-15 Eagle instructor. "Blowing up something with a shotgun is a great way to relieve stress."

The Air Force team typically attends the three yearly major matches sponsored by USA Shooting. The team's Spring Selection Match and the Fall Selection Match results are used to select national team members while



teve Wallac

Brian Johnson practices skeet at Tyndall's range to prepare for his next competition.

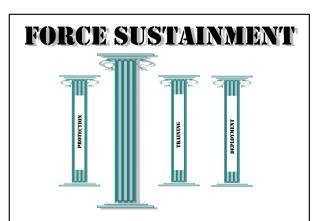
the National Championships determine the overall Department of Defense skeet team champions.

"Although we are a team, and there are team competitions, the matches are primarily shot between individuals," said Johnson. "It's like a track meet – although you are part of a team, you win the 100-meter dash as an individual."

Team members are chosen based on training camps which are typically held in the spring and are publicized through the Air Force shooting program Web site, www.usafsports.com.

"We typically host a training camp or a combination training and team selection camp during the spring at a range where one of our current members train," said Kevin Schiller, Air Force International Skeet team captain. "Major Johnson has represented the Air Force very well in several matches, including a 22nd place finish during the (USA Shooting) Olympic Team Spring Selection Match, which combined scores from the Fall and the Spring U.S. Team Selection Matches. He was the gracious host to this year's training camp."

Making the team wasn't hard for Johnson who shot targets and hunted since he was 10 at his family's farm in North Dakota. He started competing in the sport at high school and kept competing while at the Air Force Academy.



Intramural Sports Standings

Bowling

<u>Team</u>	W	L	<u>Team</u>	W	L
1st AMU 3	77	131	601st 1	102	106
SFS	77	131	NCOA	102	106
601st 2	80	128	AFCESA	100	108
AMXS	82	126	RED HORSE	98	110
MXS-Phase	84	124	CS 1	98	110
1st AMU 2	87	121	SVS	97	111
IAM	92	116	ACS 1	94	114
MXS 1	92	116	ACS 2	94	114
MSS 1	92	116	83 FWS 2	91	117
oss	94	114	53rd WEG	90	118
MSS 2	94	114	CS 2	88	120
1st AMU 1	97	111	CONS	87	121
Test	100	108	AAFES	80	128
AMMO	102	106	Med Gp	78	130
325 CES	102	106	MOS	77	131
83 FWS 1	102	106	1FS	72	136

Tyndall Tigers' Southeastern Military Athletic Conference and post-season awards

All SEMAC

Tricia Bell, 1st FS Stephanie Dobucki, 83rd FWS Melvin Smith, 2nd AMU Anthony Showers, 325th CS Elvin Walker, 43rd FS

Co-Most Valuable Player

Elvin Walker, 43rd FS

Co-Coach of the Year

William Sharpe, 601st CPS

Post-season Tournament All-Tournament

Marqus Armour, 325th ADS Anthony Showers, 325th CS Elvin Walker, 43rd FS

Gulf Guide

Briefs

AETC special-duty team visit

The AETC special duty assignment team will discuss recruiter, military training instructor, military training leader, technical training instructor and professional military education instructor opportunities 3 p.m. March 24 at the Enlisted Club. Airmen first class with at least 24 months time in service through master sergeant with less than 17 years Total Active Federal Military Service are invited to attend the briefing. Spouses are also welcome to attend. The team can expedite the processing of an applicant's special duty application if they bring it with them to the briefing. To obtain a copy of the AETC special duty application, contact the wing career advisor office at 283-2222.

LOA golf tournament

The Tyndall Logistics Officer Association will host an annual LOA scholarship fund golf tournament noon March 24 at the Pelican Point Golf Course. Sign up begins at 11 a.m. The entry fee is \$40 per person or \$150 per four-person team until March 23 and \$45 per player on the day of the tournament. The fee includes green fees, cart rental and lunch. Prizes will be awarded to first, second and third place. All money raised will be used to support two scholarships for a Team Tyndall member and family member desiring a commission in a logistics career field. For information and sign up, contact 2nd Lt. Oscar Ramos at 283-2192 or oscar.ramos@tyndall.af.mil.

LOA scholarships

Tyndall's Logistics Officer Association is providing two scholarship opportunities next semester. One is for an enlisted member in a logistics specialty who is pursuing a bachelor's degree and a commission as a logistics officer. The other is for any dependent of a Team Tyndall member who is a college-bound high-school senior pursuing a commission in the Air Force. Templates are available at the education office. Submissions must be sent by April 1 to andrew.overton@tyndall.af.mil. For more information, contact 2nd Lt. Andrew Overton at 283-4402.

Embry Riddle deadlines



Turn style

Patti Wagstaff, shown here performing one of her aerobatic routines, will perform at Tyndall's Gulf **Coast Salute Open House** April 22-23.

sity starts their Spring B 2006 Term Monday. Senior registration dates start Tuesday and end today. Monday-March 27 is the add/drop period. Registration is at the Tyndall Education Center, Bldg. 1230, Room 48 from 8 a.m. to 4:30 p.m. daily. For more information, call 283-4557.

Gulf Coast Community College to close for Spring Break

Spring break for Gulf Coast Community College students is March 27-April 2. All GCCC offices will be closed March 30-April 2. The summer and fall schedules will be available April 10 with early registration 8 a.m. to 4 p.m April 12 at the Tyndall Education Center. For more information, call 283-4332.

HAWC offers nutrition class

"Super Charge Your Breakfast," a nutrition seminar, is 1 p.m. today at the Health and Wellness Center. For reservations and information, call 283-3826.

Virtual obstacle course

Fitness workshops are 3 p.m. today at Heritage Park and continue every Friday. Learn how to create a training plan for any environment. For information, call Lt. Col. (Dr.) Dan Kulund at 283-7717.

Thrift Shop hours

Consignments are 9:30 – 11:30 a.m. Wednesdays through Thursdays. The Thrift Shop is in Bldg. 743, across from the Post Office. Personnel with PCS orders may consign 80 items, of which Embry Riddle Aeronautical Univer- 40 may be in-season clothing. They

can consign one time starting 60 days prior to departure to 60 days after arrival, by appointment. A copy of the PCS orders are required. For more information, call 286-5888.

Airman's Attic

Family Services and the Airman's Attic are open from 9 a.m. to 1 p.m. Monday-Friday in Bldg. 747. For more information, call 283-4913.

Giant book sale

The Naval Support Activity Panama City Navy Exchange is hosting a book sale during regular exchange hours today-April 2. All department of defense identification card holders and others with base access privileges can participate in this sale. For more information, call the NEX at 235-3309.

OSC fundraiser

The Tyndall Officers' Spouses' Club will hold a Time, Talent, and Treasure Auction starting 5:30 p.m. March 24 at the O'Club. This event is open to all ranks. The silent auction will be 5:30 – 7:30 p.m. followed by the live auction at 8 p.m. An optional dinner will be served 6:30-7:30 p.m. The cost of the dinner is \$16 per person or \$30 per couple. Please RSVP to Geraldine at 871-1895 or rgtraver@netzero.com. Proceeds from this event provide academic scholarships for military dependants of all ranks. For information, call Lisa Pratt, TOSC fundraising chair, at 248-1214.



Catholic services

Daily Mass, 11:30 a.m. Monday-Friday, Chapel Two Reconciliation, before Saturday Mass or by appointment Saturday Mass, 5 p.m., Chapel Two Sunday Mass, 9:30 a.m., Chapel Two Religious Education, 11 a.m., Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One Contemporary worship service, 11 a.m., Chapel Two Wednesday Fellowship, 5 p.m., Chapel Two

(For more information on other services in the local area, call the Chaplain's office at 283-2925.)

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Holloman AFB reservists 'suffer' paradise to serve

1ST LT. SHANTECE WADE

AFNORTH Public Affairs

Much like his counterparts overseas, Master Sgt. Andre Grant found himself in deep sand and sweltering heat upon deploying in support of Operation Noble Eagle.

Lucky for him, the emerald Florida coastline and Panama City nightlife more than make up for it.

Sergeant Grant is one of several thousand Airmen who deploy each year from their home bases in support of ONE, a North American air defense mission that began shortly after the Sept. 11 terrorist attacks.

As a communications technician from Holloman AFB, N.M., Sergeant Grant deployed to maintain the system administration portion of the ONE communications-computer mission.

"As the system administrator, I provide the same user support for the ONE personnel as I would for an overseas area of responsibility, which focuses mainly on the same problems and upgrades required on the user's computer system," Sergeant Grant said. "Communication helps keep the ONE mission healthy."

Of course, being deployed stateside has some healthy perks.

"The obvious positive is being in the good 'ole

USA," he said. "But the most beneficial experience for me has been working with our professional Air National Guard members and seeing how they do business."

"I may not have had the opportunity overseas," said Sergeant Grant.

Senior Airman Charles Clerc, also deployed from Holloman AFB, provides vital computer system support for ONE by reporting and tracking outages and problems. In short, whenever there's a problem with communication devices, he resolves them.

"Being the first line of defense for the United States and [providing for] its protection is of huge importance," said Airman Clerc. "Experiencing the 'behind the scenes' defense of the United States and what actually goes on to protect the U.S. is something that I will remember for the rest of my life."

He too extolled the benefits of a stateside deployment. "Stateside deployments have lots of positives, such as having access to the same amenities as physically being at one's home station," he said. "Being deployed withing the continental United States makes life less stressful. I'm able to make sure all my bills get paid and communicate easily with my unit back at Holloman without any major problems."



st Lt. Shantece Wade

Master Sgt. Andre Grant, left, and Senior Airman Charles Clerc talk about their stateside deployment and how it fits into the Operation Noble Eagle mission outside the Combined Air Operations Center here.

Although convenient, both Sergeant Grant and Airman Clerc agree that an ONE deployment is no vacation

"Whether deployed stateside or overseas, never let down your guard," he said. "We have a mission that is just as important as anywhere else, and it requires our utmost expertise and dedication."

• From COURSE Page 6

ment postcard from AFIADL. All materials needed to complete the course will reside at the Air Force Integrated Learning Center. Students will be able to register at AFILC for a user ID and password, but will not be granted access to the course until a record is established in the student enrollment database.

Students should be able to access the course within one-two duty days after enrollment. If students cannot access the course after seven calendar days from enrollment, they must contact the office where enrollment was processed to verify update.

What are the student's responsibilities?

Courses 12 and 14 are a 12-month enrollment period. The enrollment period in Course 14 begins on the date the enrollment postcard is mailed, not the date the student receives the postcard.

EPME distance learning programs are voluntary.

Students must read and comply with established policies in addition to being aware of the course start and completion dates.

No outside agency is tasked with monitoring student progress or course completion.

Students should follow a regular program of study to allow sufficient time for required course examinations prior to course expiration.

Will Course 12 be phased out? If so, when?

Course 12 is not projected for termination at this time. Both courses will run concurrently until further notice.

With the addition of Course 14, completing PME distance learning has became easier.

To enroll in Course 14, contact your unit training manager or the education center at 283-4285.

(Complied by 325th Fighter Wing Public Affairs)

• From TA Page 7

"Right now I'm working toward my bachelor of science in criminal justice at Troy University, as well as finishing my Community College of the Air Force degree," said Sergeant Brooks.

"The tuition assistance program gives our professionals at Tyndall the opportunity to pursue their education," said Mr. Canaday. "Enlisted students must be on active duty from the course-start date through the course-completion date. And officers incur a two-year active-duty service commitment from the course completion date of the last class they take."

The two-year commitment is served concurrently with the member's original active-duty commitment, so the earlier people start their degree, the less pay-back time they acquire, he said.

"I've had nothing but posi-

tive experiences using tuition assistance," said Sergeant Brooks. "The only 'down-falls' or 'catches' lie upon the individual using the program."

Students receiving tuition assistance are obligated to complete the course. If they fail, drop-out or withdraw for reasons other than emergency leave or verified mission-related reasons, they are required to refund the Air Force, said Mr. Canaday.

"For the most part, if you need to deploy or PCS, the program is designed to work with you, not against you," said the sergeant.

The education center also funds one certification course, license or diploma for all military members. The school must be accredited, but the certification does not necessarily have to pertain to or compliment the member's military career.

The application for tuition

assistance can be completed at the education center.

"The new online (application) process is very convenient, easy and fast," said Sergeant Brooks.

Airmen are encouraged to enroll in a degree program soon after arriving to their unit.

"It's the student's responsibility to make education a priority," Mr. Canaday said. "It's about how people choose to use their free time."

With tuition assistance, Airmen can continue their education and work to further their careers with very little financial obligation, he said.

Sergeant Brooks makes education a top priority and feels that, "it's a privilege to be able to use the funds and I hope others appreciate it as much as I do."

For more information on tuition assistance, contact the education center at 283-4285.

Gulf Defender Page 15 March 17, 2006 DECA: Look out for fraudulent coupons RICK BRINK mails and other means causing milformation Center, a coupon indus-Defense Commisary Agency lions of dollars in losses to the grotry watchdog. These policies are FORT LEE, Va. - Be careful cery industry," said Scott Simpson, printed on the coupons. how you get your Internet coupons. DeCA's chief operating officer. Customers can be assured they That's the word from Defense Fraudulent coupons presented are not obtaining counterfeits if they Commissary Agency officials recently at commissaries were get their coupons directly from who are alerting customers about for products ranging from launnewspapers or magazines, directly a recent rise in the use of fraududry detergents, air fresheners and from a manufacturer or from some lent Internet or home-printed coudeli meats to sodas, chips and other legitimate coupon channel, including Internet sites. pons and steps the agency has over-the-counter medications. taken to address the issue. Defining more stringent require-Legitimate Internet coupons are featuring new dot-scan bars below Most commissaries gladly acments for stores to accept hometheir expiration dates. The dot-scan cept Internet or home-printed couprinted coupons is one phase of pons provided they meet these reaction the agency is taking to bars look like bar codes with broquirements: the coupons must ken bar patterns. Internet coupons combat the problem. Educating customers about also usually have PINs and bar have "dot-scan" bars below expiration dates or bar codes with how to avoid getting taken by codes, and they are not for free Product Identification Numbers, counterfeit coupons is the other products. Here are some tips to avoid posand they can't be for free prodphase, and it's been described ucts. This is an expansion of acas the best line of defense sible counterfeit coupons: ceptance criteria for homeagainst possible fraud, Mr. · Look for the dot-scan bar beprinted coupons because counter-Simpson said. low the expiration date on Internet feit coupons have shown up re-People who purchase or trade coupons. If they don't have a dotcently in commissaries and other coupons are inherently at risk of scan bar, look for a PIN and bar supermarkets nationwide. Officode. Many now have both a dotreceiving counterfeit coupons, therefore customers shouldn't cials are pointing to Internet tradscan bar along with a PIN and bar buy or trade for coupons. The ing as the source of the countercode. feit coupons. sale or transfer of coupons is a Look out for coupons printed on "Counterfeit coupons are circuviolation of virtually all manufacphotocopy, plain white, photographic turers' coupon redemption polior card stock and coupons with lating on the Internet through aucfuzzy images or misspelled words. tion services, message boards, ecies, according to the Coupon In-

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www.325thservices.com

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Sunday 10 a.m. to 1 p.m.

\$9.95*

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Scrambled eggs

For details, contact 283-4357

*Members, show your club

card to receive a \$1 discount!







Attention Team Tyndall: Place a free classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, T yndall AFB, FL 32403, or faxed to 283-3225. Ads can also be sent in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name

Unit/Office Symbol

Duty Phone

Home Phone

Item description (One ad per form)

(30 words or less)

We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defender better:

Did the front page grab your Yes □ No □ attention?

Do you feel there is a good mix of Yes □ No □ local, command and Air Force-level news?

Yes □ No □

Do the photos encourage you to read accompanied articles?

Yes No D

Is the Gulf Defender easy to read and follow?

What did you find most interesting in this week's paper?

If you could change one thing in the paper, what would it be?

Comments:

March 17, 2006 **Gulf Defender** Page 17 • From SKEET Page 12 with a mounted gun and instant tar-Before he could be a member of the gets. International skeet is the common type of skeet contested in the Air Force team, he spent a few years Olympic games and other internaas a developmental member until he was competitive enough to be a primary tional competitions." member of the team. Although they can compete around "I grew to liking shooting internathe world, Johnson said their biggest tional skeet more than any other type competition is with other services. "We compete primarily with civilof skeet," said the fighter pilot, who's been a part of the Air Force team ians, although most of the toughest since 2002. "This skeet is played the competitors are part of the U.S. way it was invented in America as a Army team from the Army Marksmanship Unit, based at Fort Benning, way to sharpen shotgun skills for hunting upland birds. The game was Ga.," he said. originally shot with a dismounted gun According to the Air Force Shootand a variable delay on the target's ing program Web site, marksmanship release." is an inherent military skill and the Air Force's competitive shooting program To play, skeet shooters stand in the demonstrates the Air Force's comready position with their gun at their hip until the target emerges approximitment to the preservation and admately 3.5 seconds from the call to vancement of marksmanship. It prorelease it from the trap house. Shootvides an incentive for Airmen to beers use special seven-eights ounce come more proficient with firearms 12-gauge shells instead of the more to compete for selection to the Air common 1 1/8 ounce target loads. Force team. Ultimate program goals "Overall score, aptitude for the inare to place Air Force members on Air Force, Conseil International Du ternational skeet version and progress during the camp are all considerations Sport Militaire, Pan American, Olymfor selection," said Schiller. "They pic and other teams representing the need to perform a slightly different se-United States. quence of targets with more doubles, For more information on Air Force faster targets, and starting with the gun sports or the service's shooting prooff the shoulder." gram go to www.usafsports.com or call Capt. Cindy Harris, Air "International skeet targets have a lower profile that fly faster and fur-Forceshooting program manager at ther than the American skeet coun-(210) 652-7021. terpart," said Johnson. "Through the Tyndall's skeet and trap range is open last 80 years, the American skeet Saturdays from 9 a.m. to 1 p.m. For version has evolved into the game more information, call 283-3199.

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CAP looks for new members

Tyndall's Civil Air Patrol Panama Composite Squadron has opportunities avialable for interested personnel.

"Our local squadron needs Tyndall's help," said Bill Leslie, Tyndall's CAP deputy commander for cadets. "We are looking for anyone interested in being a part of this organization. Its not a youth club – it's an Air Force Auxiliary organization that needs leaders to train future Air Force leaders as well as be available for on-call emergency response to a whole host of events. We have many cadets but few senior members."

CAP here is organized almost the same way as an Air Force wing. They have positions like commander, deputies for cadets and seniors, administration personnel, training officers, flight and ground operators, medical technicians, public affairs specialists, logisticians and communication specialists, said Mr. Leslie.

Senior members attain the rank of second lieutenant upon a brief orien-

tation program held at Tyndall.

Nation-wide CAP is made up of more than 58,000 members, including 27,000 cadets ages 12 to 21.

There are eight geographic regions, 52 wings and 1,700 units. CAP operates with three distinct missions: Aerospace Education, Cadet Programs and Operations, which includes Search and Rescue, aerial reconnaissance for homeland security, disasterrelief and damage assessment.

It has the world's largest fleet of single-engine, piston aircraft, the nation's most extensive communications network with more than 1,000 emergency services vehicles.

CAP here helps most of all with natural disaster relief and downed aircraft searches, said Mr. Leslie.

The Tyndall Panama Composite Squadron, operates on Tyndall AFB in Bldg. 852, Saturday mornings, 9 a.m. to noon.

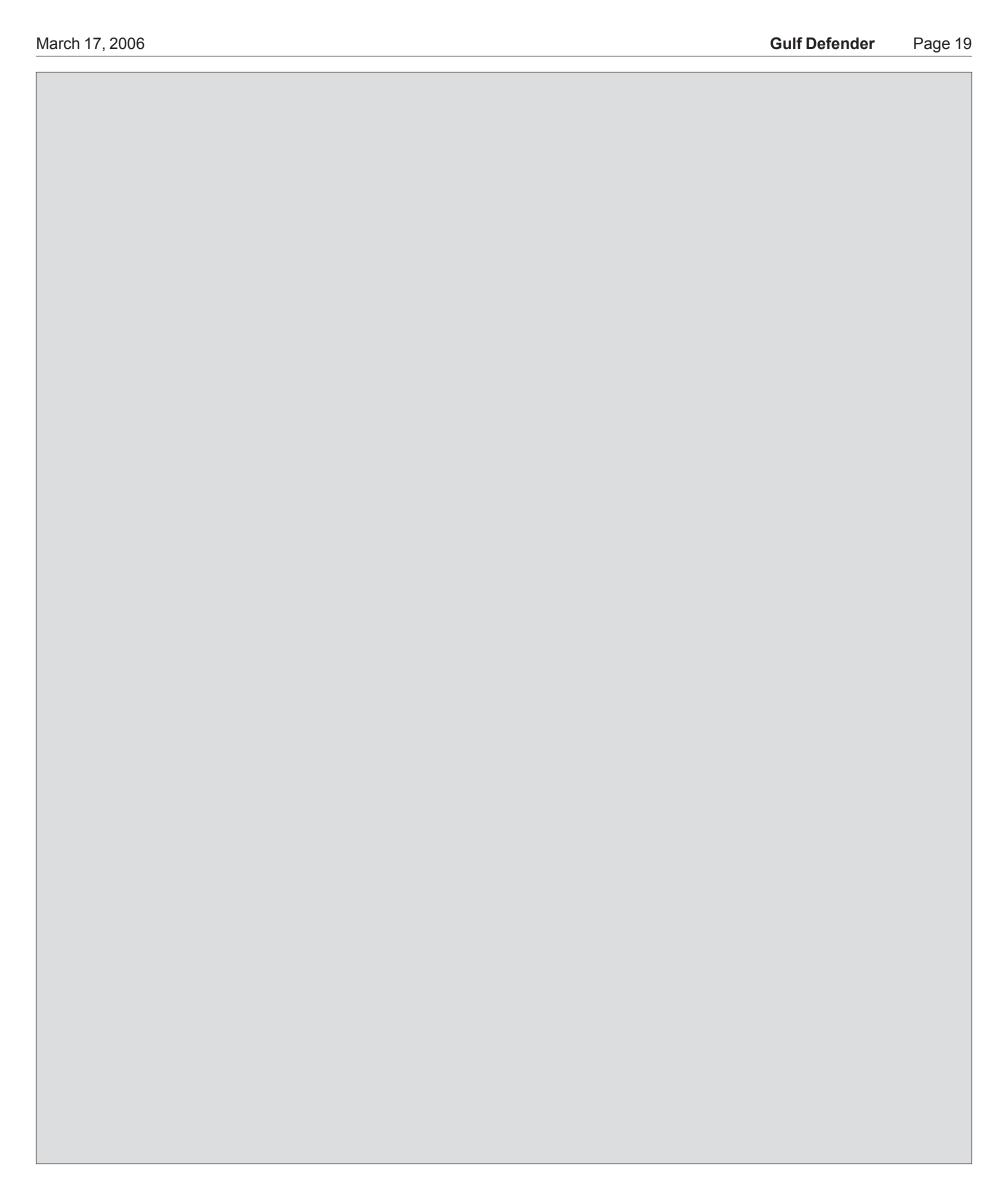
For further information, call Mr. Leslie at 283-3950.

(Courtesy of CAP)



For a safe, free ride home, call Airmen Against Drunk Driving. The phone number is 867-2233.





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